

Qualification Information:	Qualification Title	Skills Programme ID		NQF Level		Credits
Curriculum Code: SP-211003	Skills Programme: Community Counsellor	SP-211003		05		25
Knowledge Component			Notional Hours	Impleme ntation Schedule (8 Hourly)	Assessment Schedule	Training Venues
Skills Programme:	Principles of Structured Supportive Community Counselling	6 Hours	5 Days	2 Hours	Main Campus	
Skills Programme:	Methods of Structured Supportive Community Counselling	6 Hours	5 Days		Main Campus	
Practical Component				(8- Hourly Training sessions)		
Skills Programme:	Practical Methods of Supportive Community Counselling	6 Hours	7 Days	2 Hours	Simulation Venue	
Skills Programme:	Facilitation of Community Counselling Support Groups and Group Healing Sessions	6 Hours	7 Days	2 Hours	Simulation Venue	

General Information

Skills Programme Rationale

There is a need for supportive community counselling work, especially as it relates to the recent pandemic. Many have been affected by bereavement or traumatic experiences and there have been many calls to the religious and social sectors to provide effective counselling services.

Supportive community counselling is often done without structure or guidance, which often does not yield intended counselling outcome. Structured and systematic skills sets are therefore required in this area. This can be addressed by the following:

- the use of simpler and more accessible methods that produce relief; and
- practicing the techniques enough to gain confidence in its use

and workability.

Sub-title

- Community Development Practitioner
- Minister of Religion: Pastoral Counsellor
- Chaplain
- Social Counselling Worker
- Life Coach

Purpose

The purpose of this Skills Programme is to prepare a learner to function as a Community Counsellor.

Community Counsellors provide knowledge on the theory behind physical and spiritual wellness, trauma, bereavement, and strategies of supportive counselling to bring relief or mitigation of these and attain greater spiritual

and mental wellness, both in one-on-one community counselling sessions and supportive community counselling and healing.

A learner will be able to:

- Apply the theory and practice of structured methods of supportive community counselling and healing in denominational or nondenominational contexts.
- Select and apply causes, effects, and supportive counselling strategies to address at least six different conditions, such as illness, bereavement, stress, depression, guilt, issues of youth, domestic and gender-based violence and abuse, substance abuse, crisis, trauma, etc.
- Apply advanced communication skills.
- Implement at least one structured supportive community counselling model.
- Establish, coordinate, and facilitate the structure, organization and community support and healing group.

Minimum entry requirements

NQF Level 4

Exit Level Outcomes:

- Apply the theory and practice of structured methods of supportive community counselling and healing in denominational or nondenominational contexts.
- Select and apply causes, effects and supportive counselling strategies to address at least six different conditions, such as illness, bereavement, stress, depression, guilt, issues of youth, domestic and gender-based violence and abuse, substance abuse, crisis and trauma.

- Apply advanced communication skills.
- Implement at least one structured supportive community counselling model.
- Establish, coordinate, and facilitate the structure, organization and community support and healing group.

RECOGNITION OF PRIOR LEARNING (RPL)

Learners will gain access to the skills programme through RPL for Access as provided for in the QCTO RPL Policy. RPL for access is conducted by an accredited institution, skills development provider or workplace accredited to offer that specific skills programme. Learners who have already acquired competencies of modules of a skills programme will be exempted from modules through RPL. Such learners will be awarded credits towards the skills programme. Learners who complete this skills programme will accumulate credits towards the relevant full or part qualification. The Credit Accumulation and Transfer (CAT) Policy shall apply to these learners

Continuous Assessment

- Written Knowledge Task / Assignment 1 (10% of total content)
- Written Knowledge Task / Assignment 2 (10% of total content)
- Each task to have minimum 60 marks
- Written Knowledge Test 1 (40% of total content)
- Written Knowledge Test 2 (40% of total content)
- Each test to have minimum of 120 marks experience gained.

- Practical task per practical topic covering all practical areas of the topic.
- Practical skills to be performed and evaluated are thus 4.
- Each practical skill task to have a minimum of 70 marks

Supervised Assessment

- Written Integrated Examination comprised of both knowledge and practical questions of a minimum 120 marks over 2 hours. Minimum competency / pass mark to be obtained for tasks, tests, practical tasks and Examination is 60%.

Course Requirements:

- Study Material

Work Opportunities/further learning

Qualified candidates will have critical skills needed in Local Government, Social Development, Education or Community Development sectors in government organizations, non-government organizations, religious organizations, faith-based organizations and Human Resources and Employee Wellness Programmes.

Fees

- Registration Fees: **R1000**
- Deposit fees:**R3000**
- Total Fees: : **R14,500**

Duration: 25 Days